## What is an Advance Directive?





## **Legal Part**

(Power of Attorney for Health Care)

- Select your health care agent a trusted person who can make health care decisions for you if you can't make them yourself.
- Decide how much authority you will give to your health care agent.

Laws vary from state to state.



## **Values Part**

(Patient values and preferences)

- Express your wishes for future medical care.
- Share values with your health care agent—including personal, religious and cultural beliefs.

